



Training Game U-8 Players

Shooting Skunks

Skill: Dribbling, Passing, Attacking and Defending

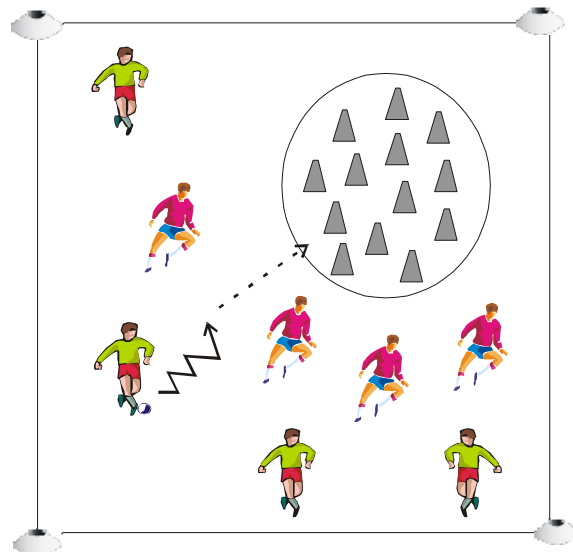
Number Of Players Required: Full U-8 Team

Equipment: 4 or more pro cones to mark the grid with, 10 or so tall cones to act as skunks and 1 soccer ball.

Grid Requirement: 25 X 25 yard grid with the center circle of a field some place in the grid.

Organization: Create a 25 X 25 yard grid marked with pro cones with the center circle of the field located within the grid. Evenly distribute 12 or so tall cones in the center circle. Divide the team into two equal groups. The coach will decide which team will have the ball, outside the center circle but within the grid.

How The Game Is Played: Coach will direct which team has the ball first. The coach will yell, "go". Team with the ball is on the attack the other team defends. If the defenders gain possession of the ball they are now on the attack. Points are scored by shooting the ball into the center circle and knocking down one or more of the tall cones (one point for each cone knocked down). Players are not permitted to enter the center circle except to get a stopped ball. The team with most points wins. Play the game 3 times.



Variations: Play one touch or two touches only. Allow only push pass or instep kick. Think about putting one team in pennies if you get confused.